

COURTNEY ORTHODONTICS ON ELMIRA

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WHAT BRACES FEEL LIKE

Most people find that braces are reasonably comfortable to wear, but at times they can make your mouth and teeth painful.

Scatched lips and cheeks

When braces are initially fitted they might scratch your lips and cheeks causing ulcers. To prevent this, soft wax can be placed over the braces until they feel more comfortable.

Sore teeth

After braces are tightened your teeth may be tender; ache and gradually become sore. This usually lasts several days. Soft food and mild painkillers will reduce this discomfort.

Sharp wires

Wires occasionally protrude and can scratch your lips or cheeks causing ulcers. Should this occur, place soft wax over the wire, and contact us promptly to arrange an appointment so that we may fix the problem.
